



District 6 Newsletter

**District Meeting
October 18th**

**Hosted by:
Westlake AFG
Unity Church of the Hills
9909 Anderson Mill Rd
Austin, Texas
Contact: Christine A. @
(512) 694-9543**

Directions:

From South: From I-35 travel North and then exit 240B which is the 183/Research Blvd (fly-over). Take the Exit toward Anderson Mill Rd, Turn Left onto Anderson Mill Unity Church of the Hill on the Left

From North: Take exit 250B to merge onto TX-45-TOLL W toward TX-1-TOLL S Toll road. Continue on to RR-620 South. Turn left at Pecan Park Blvd. Turn right at Research Blvd. Turn right at Anderson Mill Rd **OR to avoid Toll Rd-** Take I-35 South and Exit 620 South; stay on frontage road to 183 South. Then exit Anderson Mill Rd; Turn right and the Unity Church of the Hills is on the Left

The church does have a kitchenette with a stove, microwave and refrigerator.

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K-LEE'S STORY.....

The year was 1992. My youngest daughter came home from a day in the 8th grade yelling, "Mom, my new best friend J is coming over. I can't wait for you to meet her." That was the beginning. In less than a year, I was given temporary custody of J and she asked if her father could bring over her bed he had in storage for her. When he came, I was instantly attracted. Did he drink? Yes, BUT I had so much fun going out at night. Besides, he didn't drink *that* much. People said to me, "You'd be foolish to marry him. He's an alcoholic." A what? I love him and he'll stop drinking so much when we are married. I'm sure of it.

During the first year of marriage, I let his drinking take over my life and my sanity. I yelled at him, cried at him, raged at him. I called his cell phone every 15 minutes. I called the places I knew he liked to drink to see if he was there. I drove around to bars late at night looking for him. I stayed up late at night waiting for him. I went to bed early, and I went out by myself - "That'll show him" on and on to the point of utter physical, mental and emotional exhaustion.

My friend C was in her 16th year of sobriety and a long-time member of AA. She finally took me by the arm, literally, and said, "Come on. I am taking you to an Al-Anon meeting." When I was handed the new-comer's packet and the first thing I saw was the list of behaviors NOT to do with the alcoholic, I knew I was in the right place. These people can "fix *him*."

Now, it is 2008 and I am still madly in love with Al-Anon and happily married to a second alcoholic. (Don't ask.) Anyway, I am happy with me when I stay working on me. When I slip and let his behavior become my focus, I call someone and head to a meeting. Al-Anon isn't a "fix" for him. It is only an everyday process for me a "day at a time." I read the literature, listen to others at the meetings, laugh out loud at myself and express gratitude everyday that I no longer have to feel "insane" over someone's drinking or sobriety. I take care of me - whatever that looks like in the moment. I finally feel a sense of peace inside and I smile a lot more. I keep it simple and do my best to live the Serenity Prayer each day. Al-Anon teaching is a process I enjoy more and more because I have finally learned that it is OK to take care of me. Thank you to my Al-Anon friends and my Higher Power, for so many years of Al-Anon.

K-Lee

DISTRICT ELECTIONS OCTOBER 18TH!!!!

Future Events

October 18, 2008	District 6 Meeting Hosted by Westlake AFG - ELECTIONS!!
October 20, 2008	Austin Information Center Board Meeting, 6:30 p.m.
November 7-9, 2008	Texas East Fall Assembly in Tyler, Texas; not on www.texas-al-anon.org to date
December 15, 2008	Austin Information Center Board Meeting, 6:30 p.m.
February 6-8, 2009	All Texas Al-Anon/Alateen Conference in Houston, TX; not on www.texas-al-anon.org yet due to some difficulties but be on the look

Officer Reports

District Representative

DR Report for August, 2008

Greetings to Everyone,

The short interval between the last district meeting and the newsletter deadline caught many groups before they had a chance to see if their group would host the July meeting. Thanks go to Anderson Mill Al-Anon Family Group, with help from Faith AFG and Steps to Freedom AFG, for hosting the meeting on short notice. Many groups have discovered that the experience of working together in such a project helps connect members and attracts newer members to service opportunities.

As a rule, our district meets four times each year, usually on the third Saturday of January, April, July, and October. This may be a good time to discuss in your home group which district meeting next year you might be willing to host, particularly if it has been a while since you last hosted one, or if you never have.

At our meeting on July 19th, Pat E. conducted the Alateen Sponsor meeting, while John T. and Jessica W. of Anderson Mill AFG led a workshop on Open vs. Closed Al-Anon Meetings. This was a new topic for many of us, and I don't think I was the only one who learned that our Al-Anon meetings are "closed" to non-members (though prospective members are always welcome) unless specifically designated otherwise.

Thanks to all the other officers and coordinators for supplying their "job descriptions" for the last newsletter. One of the principles of our program is rotation of leadership, so I hope that each of you will talk to your Higher Power and your sponsor about whether the time is right to serve the district in one of these positions. District officers and coordinators serve a three-year term, beginning January 1st, and district service positions ask for this commitment, though the amount of time to do the service varies with the position. I have never had a service position that didn't return more than it required.

In accordance with our Al-Anon and Alateen Policy Digest, members who are also members of A. A. are not eligible to serve beyond the group level, nor as Group Representative or

Alternate Group Representative. See the [Al-Anon/Alateen Service Manual 2006-2009](#), page 79, for more details about that policy.

The highlight of my life since the last newsletter report was attending the Al-Anon International Convention in Pittsburgh. There were things to learn and so many people to meet and greet. It was a wonderful time and I encourage all of you to plan to attend the next International Convention, in Vancouver, British Columbia, July 5-7, 2013.

Among the things I learned: You should know that our wording about Anonymity in the [Service Manual](#), pp. 24-27, was changed at the World Service Conference earlier this year. If your GR attended the last district meeting, they received a copy of this new wording, but it will also be featured in the [2008 WSC Summary](#), which may be ordered with the form inside the last issue of [The Forum](#). The report is free; you pay only for postage. It's important because these changes, like others at the WSC, have already been made and are in effect, even though they may not be reflected in the [Service Manual](#) until the next edition is printed.

Another change that you may not have noticed is the new Reserve Fund Guideline, G-41. This paper discusses an "ample reserve" at the area, district, and group level, including questions for a financial inventory at each level, and how it might apply on a personal level as well. As with other Guidelines, it is available on line through the AFG members' web site (<http://www.al-anon.org/members/>), then select Group Services, then Guidelines.

One of the ideas I had was to write a variation on the article I hope most of you have already seen, "How to Survive an Area Assembly," as it applies to an international convention. However, I haven't received much input except for the beautiful note from Linda B. that I read at the district meeting, and ideas from a few others I've cornered, so I'll let that wait at least until my next (and last) report.

I could write at length about the convention, but let me close with a few one-liners I heard there that stuck long enough for me to get them on paper:

- Spirituality is simply being willing to have a change in attitude.
- Preparing for a meeting: "Lord, put the love in my heart and the words in my mouth."
- Learning to keep my head, my heart, and my feet in the same room.
- You'll know you're doing your Higher Power's will when you find yourself in places you never expected to be.
- Stay teachable.

A meeting topic: What was your "Aha!" moment?

That's plenty for this report. Please try to attend the November Assembly, even if you don't get to vote; it would be wonderful to see all your faces in the audience when I tell my story.

Hugs in Service,
Randy M.

Secretary

**District 6 Quarterly Meeting
July 19, 2008
Hosted by
Anderson Mill AFG
Austin, Texas**

Thank you to Anderson Mill AFG for hosting the district meeting at Bethany United Methodist Church.

9:00 Serenity Prayer, Welcome, 12 Steps, 12 Traditions, Concepts and Warranties were read.

Announcements were made.

E-Buddies were discussed. E-Buddies are designed to help people who do not have regular access to the Internet. Buddy up with a person who does have internet access so they can share information to help keep you informed of events and service opportunities.

Secretary's Report Cont. on Pg. 4



Treasurer's Report

District 6 Treasurer's Report					
	2007 Totals	2008 Budget	1st Q 2008	2nd Q 2008	2008 YTD
Operating Account:					
Beginning Balance	453.58		916.74	1,190.95	916.74
Anonymous Cash	510.20		85.00	182.00	267.00
Group Donations	5,329.73		1,055.11	966.40	2,021.51
Other	-				-
Subtotal Income	6,293.51	6,400.00	2,056.85	2,339.35	3,205.25
Alateen Coordinator	213.21	500.00	125.00	-	125.00
Alateen Liason Coordinator	-	100.00	-	-	-
Archives	-	25.00	-	-	-
District Meeting	290.00	400.00	85.00	67.44	152.44
DR Expenses	564.95	600.00	-	317.15	317.15
DR RSS Expenses	-	-	-	-	-
Forum/Literature Coordinator	-	25.00	-	-	-
Miscellaneous (1)	180.00	350.00	45.00	45.00	90.00
Newsletter	2,113.61	2,000.00	510.90	525.06	1,035.96
Public Outreach Coordinator - North	400.00	500.00	-	-	-
Public Outreach Coordinator - South	1,000.00	1,000.00	-	-	-
Accrue Reserves	615.00		100.00	100.00	200.00
Release Reserves	-				-
Subtotal Expenses	5,376.77	5,500.00	865.90	1,054.65	1,920.55
Ending Balance	916.74	900.00	1,190.95	1,284.70	1,284.70
Reserve Accounts:					
Kristy Fund					
Beginning Balance	514.50		-	514.50	344.50
Donations	-	N/A	514.50	514.50	-
Payment	-			(170.00)	(170.00)
Ending Balance	514.50	-	514.50	344.50	174.50
Int'l Reserve					
Beginning Balance			1,838.17	1,888.17	
Accrual	200.00	200.00	50.00	50.00	100.00
Payment	-			(1,041.22)	(1,041.22)
Ending Balance	1,838.17	200.00	1,888.17	896.95	896.95
RSS Reserve					
Beginning Balance			793.20	843.20	
Accrual	200.00	200.00	50.00	50.00	100.00
Payment	-				-
Ending Balance	793.20	200.00	843.20	893.20	893.20
Prudent Reserve					
Beginning Balance	2,000.00		2,000.00	2,000.00	2,000.00
Accrual	285.00	N/A			-
Payment	(285.00)				-
Ending Balance	2,000.00	-	2,000.00	2,000.00	2,000.00
Total Bank Account Balance		500.00	6,436.82	5,419.35	





Officer's Reports Cont.

From Page 2, SECRETARY's Report

9:20-10:45 Workshop and Alateen Sponsors Workshop

A workshop was led by John on "Open and Closed Meetings." Did you know that all Al-Anon meetings are considered closed? See Al-Anon Guideline G-27 for more information.

An Alateen Sponsors Workshop was facilitated by Pat E.

10:50 The Ask-It-Basket and the contribution basket were circulated.

Reports from Officers and Coordinators – see the individual reports for more details. Randy M., District Representative, gave his report.

Kay C., Alternate District Representative, gave her report.

Millie F., Secretary, gave her report.

No Treasurer report available.

Pat E. gave the Alateen Coordinator report for Liz S.

No Alateen Liaison Coordinator report available.

Steve S., Forum/Literature Coordinator, gave his report.

Kitty G., Austin Information Center Coordinator, gave her report.

Steve J. gave the Waco Information Center report.

No Newsletter report available.

Sissy S. gave a Public Outreach South report for Carolyn G.

Steve J. gave a Public Outreach North report.

12:00 **Lunch** – delicious food with yummy desserts!

1:05 District 6 Alateen Liaison

Coordinator position discussed.

- o At this time no one is interested in the position.
- o The position will be left open until we hear otherwise from the Alateens.

People who attended the **Al-Anon**

International Convention in Pittsburgh shared their experiences with the group. Did you know that 4,300 people attended and that there were 57,000 love gifts exchanged? Wow!

Three Layers of Prayers: Give Me, Help Me, Use Me

New Business

Kathleen suggested publishing a **blurb on Mondays in the Austin American Statesman that advertises Al-Anon and Alateen.**

Ask It Basket questions were answered. **News from Groups** was given by Group Representatives and Alternate Group Representatives.

Next District Meeting will be held on **October 18, 2008** and hosted by the Westlake AFG. Just a reminder.....new district officers and coordinators for 2009 will be elected. According to our service manual, p. 134, 3rd paragraph, under Election of a District Representative (DR) and Alternate, *"The election of the DR and Alternate DR from among the incoming, outgoing, and active past GRs,...none of whom are members of A. A., takes place in the fall of the year after the election of GRs and before election of Area officers. This is often done at a district meeting."* Therefore, the new DR and Alternate DR are elected after the GRs are elected, but before the new Area officers are elected.

Regarding the **November Assembly hotel reservations**, call Monday through Friday from 8:00 to 5:00 to reserve a room.

Closed with the Al-Anon Declaration

In gratitude and service,
Millie F.
Secretary

ALTERNATE DR

I have compiled a listing of all the motions recorded in the District 6 newsletter into a Word document. The motions are from January 1999 to April 2008. I learned a lot about the District and how we conducted our business meetings while compiling the motions. It was interesting and made me grateful and proud to be associated with a District that practices that practices the traditions and the concepts of our program. If you want a copy of the motions, please email me at kacdoc@austin.rr.com or call 512-261-4632 and I will furnish you a copy.

Service is Love in Action,
Kay C.
Alternate DR

ARCHIVIST

No report at this time.

Respectfully submitted,
Linda M.
District 6 Archivist

ALATEEN COORDINATOR'S REPORT/SPONSOR'S CORNER

Greetings All!

Positive feedback was received on the conference for Alateens (TEA AC) held June 6,7 & 8, 2008 in Gonzales. Everyone had a great time sharing and getting to know each other. There was a special graduation ceremony held for several Alateens that were "graduating" from Alateen to Al-Anon. Bennie P, our Delegate, presented the teens with certificates welcoming them to the rooms of Al-Anon. This ceremony made quite an impression! Several District 6 teens received scholarships to TEA-AC as they clearly expressed why they needed a scholarship to attend- as well as their desire to attend and participate. A New Beginning Alateen in Wimberley is closed or inactive, but plans to donate their existing funds to the Kristy Fund so that District 6 Alateens will not miss their opportunity (because of financial reasons) to participate in future TEA-ACs.

At the last East Texas Area Assembly, important changes were made to the REcertification requirements (for *experienced sponsors only*) by: reducing the frequency of training required for experienced Alateen sponsors from an annual requirement to training every 3 years and reducing the number of required Alateen meetings from six to three Alateen meetings a year.



Coordinator Reports

ALATEEN'S COORDINATOR REPORT/ SPONSOR'S CORNER CONTINUED:

No changes were made to the initial certification requirements to my knowledge. For more information on the approved changes, please refer to The Beacon.

At the Al-Anon International Convention in Pittsburg, over the 4th of July weekend, many of the speakers referred to the Alateen program and how beneficial they thought the Alateen program was. One of the speakers at a "Big" meeting was an Alateen who was originally from the Ukraine in Russia. Her Russian alcoholic parents had to give her up- until an AA/Al-Anon couple adopted her and brought her to the States. She had a very moving story to tell and has clearly used her Alateen program! Seems couples go to the orphanages to pick out a child (to adopt) and decide that very day. Since she had been affected by alcoholism, the couple knew they had the program tools to deal with that! (smiles) One comment heard in a workshop was really a question; if any Al-Anon has benefited from this wonderful spiritual program, how could they keep it from their children? One wise Al-Anon member later commented that some misguided Al-Anons think they can "fix" their children themselves!?! I don't know about all of you but I need a power greater than myself to fix anything- and the only thing I can "fix" today is myself!! Thank you, God!

I attended the half-day Alateen Sponsor Training Workshops at the International Convention on July 3rd. WSO presented the new PowerPoint presentations that will help educate us all about the Alateen program, and also serve to assist in the training of new Alateen sponsors. The training presentation is customizable with each area's specific certification and

re-certification requirements, as well as the various safety and behavioral guidelines, etc. WSO asked for input from the workshop participants on various topics in order to enhance the training presentation. All Area Alateen Coordinators should be receiving these special Alateen Power Point presentations in the fall for distributing within their area.

LOVE in service,
Lizz S.

Working Together

Let's keep Alateen going, growing, and glowing.

Alateen and Al-Anon;
Together We Can Make It fun, healthy,
and safe.

From Alateen Safety Guidelines, G-34

NEWSLETTER EDITOR

From the last mail out we had the following:

Returns: 1

Change of Address: 2

Additions: 15 (from last Dist Mtg)

Deletions: 0

With Elections coming up at the October District meeting, I know someone there will be moved like I was 3 years ago to stand up for the newsletter editor position! I am not going to stand again for the position but rather step aside to let someone else step in and take over! I wish them the best and I will help in any way that I can just like Carolyn K. did for me on many occasions! Thank you Carolyn!

Love in Service,
Lori L.

FORUM/LITERATURE COOD.'S REPORT

No report at this time.

Stephen S.

PUBLIC OUTREACH SOUTH

Hello and I hope everyone is having a good summer. I am starting the ramping up of my work load at work as it is becoming my Symposium Season, so working stress begins for me.

I met with the Sheriff's department and others at a roundtable in Del Valle at the Del Valle Correctional Center in June. These meetings are every month on the second Friday of the month. There was a lot of discussion about helping the inmates families. They are wanting to start an Al-Anon meeting at the facility every week. They would like to have a team (so that it takes the pressure off everyone), for a regular and adult children of Alcoholics meeting. I have told her I would submit it to the district and see if we can get one started. Please let me know if anyone is interested. They would like for us to go talk to Monica in late July.

There are two or three events that will be taking place in October that will be utilizing Al-Anon material. I will give more information later.

Carolyn G.

PUBLIC OUTREACH NORTH

No Report at this time.

Cindy C.

Group Reports

Hilltoppers AFG

Hilltoppers' 12:15 Monday newcomers-meeting format was revised. Using suggested guidelines from the WSO and feedback from members, a devoted committee (Barbara L., Betty Mc., Jo W., and Judy K.) created a series of six topic-related meetings:

- How Al-Anon Works (including CAL pamphlets about alcoholism and families);
 - Step 1 (including CAL sharings);
 - Step 2 (including CAL sharings);
 - Step 3 (including CAL sharings);
 - Slogans (including CAL sharings and lists);
 - and Sponsorship (including CAL bookmark, pamphlet, and sharings).
- Also, the notebook to aid the chair was streamlined to provide more effective support.

The meeting is open to questions during the sharing. No general announcements are read. The ODAT book and a newcomers packet, which was revised to be most sensitive to the needs of the newcomer, are given out. We have had as many as six newcomers at a meeting and many short-timers also. Long-timers sharing the recovery experience are always welcome. For the people chairing, it does require a commitment to sign up and show up. We also are trying out a new service position to keep the materials up to date and to confirm scheduled chairpersons.

Thank you to Diana C. and Suzy D. who brought concern about the meeting to the attention of the Group Conscience, which led to the timely revisions recommended by the committee.

Respectfully submitted,
Susan P.
GR

Wimberley AFG

Wimberley AFG continues to grow! Our attendance is steady and we are a happy recovery family! By the way, we have changed the time of our Thursday night discussion group to 7:30 pm (instead of 8 pm.)

Join us for an Eatin' Meetin' on the fifth Thursday of every month. Our meal and fellowship will begin at 6:30 pm (an earlier time) with the speaker meeting following at 7:30 pm. Nancy and Harlan O. from the Bridge to Shore group in Austin will share their story of recovery on July 31st. Bring a covered dish to the Wimberley Presbyterian Church and share some great food and fellowship with us! Our next Eatin' Meetin' will be October 30th; speaker TBA (to be announced.)

The Tuesday night literature meeting at 7:30 pm has started reading and discussing the book From Survival to Recovery. We find we are much more alike than different and this book has aided our recovery as adult children of an alcoholic in many ways. This is a very small meeting but we can share intimately in this trusted setting.

All Wimberley AFG meetings are at the Presbyterian Church, but another Al-Anon group meets at St. Stephen's Episcopal church on Sundays at 5:30 pm. There is also an introductory Al-Anon meeting every Saturday at a nearby treatment center in Wimberley at 1 pm. Wimberley AFG wishes to thank St. Stephen's AFG in Wimberley, the Three Cs from Lakeway, and both Welcome Home AFG and San Marcos AFG for their service in supporting this meeting for the friends and families of these alcoholics in treatment.

Love in gratitude and service!
Lizz S.
Alternate GR

Killeen AFG

We continue to have one or more new comers at each meeting. However, the problem seems to be in having them return for subsequent meetings. Most of them learn of our meetings from the internet. Only a few find our meetings listed in the local newspaper.

Coy
GR

Just for Today AFG – Elgin

This group is growing strong in our second year, with average attendance of eleven. We meet in the overflow room of the fellowship hall at First United Methodist Church, 216 West 3rd, Elgin, Texas on Tuesdays from 6:45-8:00 PM. We have a Step Meeting the 1st Tuesday of the month, Discussion Meeting the 2nd Tuesday, Tradition Meeting the 3rd Tuesday, Birthday or Discussion Meeting the 4th Tuesday, and a Speaker Meeting on the 5th Tuesday. Childcare is available. We encourage you to join us!

Marilyn H.
GR

Group Reports

Freedom to Recover AFG

Freedom to Recover AFG meets on Wednesday's at 8:00 pm at Round Rock Presbyterian Church in the Children's Education Building (east of the chapel). The church is at 4010 Sam Bass Road (on FM 3406 three miles west of IH-35). The monthly meeting format is: a step the 1st Wednesday; a topic the 2nd week; a tradition the 3rd week; and another topic the 4th week. If there is a 5th Wednesday in the month we will have a speaker. We plan to have a speaker on Oct. 29 and Dec. 31.

I wish to thank Kay C., Alternate District Rep., for coming to share her story on July 30. I enjoyed hearing about your journey and your involvement in service work. Also, I appreciate hearing how you worked the steps with your sponsor. Thanks again Kay!

Please come share your experience, strength and hope in a safe place.

In gratitude and service,
Millie F.
Group Representative

Suburban Friends AFG (Far North Austin)

We meet Friday's and Saturday's at noon at St Mark's United Methodist Church on 601 W Braker. On Friday's we study the 12 steps while Saturday's is for discussion. The last Saturday of the month, however, is reserved for a celebration - our Alanon Birthdays! After the birthday meeting, we share potluck and fellowship.

All are welcome. Join us for hope and help.

Dianna
GR

San Marcos AFG

Meets Tuesdays at 8:00pm and Saturdays at 11:00am. We alternate between Step, Tradition/Concept, and open discussion meetings. We also have Newcomers' Beginner meetings every Sunday at 6:30pm - of course, those with years of recovery are welcome (and appreciated) as well! We also have a NEW MEETING, Thursdays at 7:00pm. All four meetings have regular attendance, and it's truly joy to see people "keep coming back." Our next "Birthday Night," (celebrating all of those who have an Al-Anon birthday in August, September, and October), is Tuesday, October 28th. A potluck dinner starts at 6:30pm and the meeting starts at 8:00pm. Celebrants share how they got to Al-Anon and why they keep coming back. We hope you can join us for this wonderful event.

One way our group participates in service is by volunteering to chair an Introductory Al-Anon meeting at the Right Step recovery center in Wimberley the 3rd Saturday of every month.

San Marcos AFG meets at the First Lutheran Church on Holland Street in San Marcos, and we'd love to have you visit us.

In Service,
T.J.
GR

Anderson Mill AFG

Effective Sept. 2nd, we will meet every Tuesday at 7:30 P. M. at Unity Church of the Hills, 9905 Anderson Mill Rd. We will post signs at the old location with directions to the new meeting place for about a month. We have speaker meetings every third Tuesday, and we celebrate birthdays on the fourth Tuesday of every month. We are still working on the child care issue but will keep you updated. Our warm, friendly group invites you to join us anytime.

In service,
Paula
GR

Georgetown AFG

The Georgetown AFG has had an increase in attendance at the Monday 8pm meetings. The Monday group decided to meet downstairs on Monday evenings as there is more seating and the air conditioning works better downstairs. Normally that particular room is used as the meeting room for a Spanish speaking AA group at the White House in Georgetown, an AA clubhouse. The Tuesday noon meeting and Thursday 8 pm meetings are small and irregular in attendance. There is also a Spanish speaking Al-Anon group that meets on Wednesday at 8 pm.

The Georgetown AFG ordered 100 copies of "Al-Anon Faces Alcoholism 2009" to distribute as public outreach to the community. Several members of Georgetown AFG took copies of the letter to Dr. Phil requesting that the Dr. Phil show share information about Al-Anon and Alateen. The East Texas Area public outreach person had shared copies of this letter to the Dr. Phil show at the May assembly. The Georgetown group recently voted to make a contribution to the Austin Al-Anon Information Center, the district and WSO.

It had been quite a while since the Georgetown AFG had made a contribution. The Georgetown AA group has a family night on the 2nd Saturday of the month. There is a potluck at 7:00 pm and 2 speakers at 8:00 pm. Normally there is an Al-Anon speaker and an AA speaker. Some Alateens have also spoken at that meeting. Angie, who was an Alateen sponsor, is looking for Al-Anon and Alateen speakers for that meeting. I was offered to be a speaker for that meeting with about 10 minutes notice so I had an excuse for any confusion in my talk.

Respectfully submitted,
Lynn L.
GR



Just a Little Extra to Share!!

Looking for a Speaker Meeting?

1st Wednesday of each month

2nd Saturday of each month

3rd Tuesday of each month

5th Monday of each month

5th Sunday of each month

5th Wednesday of each month

5th Thursday of each month

Northland AFG in Austin, 8 p.m.

Georgetown AFG, 8 p.m. Al-anon & AA speaker. Potluck dinner is at 7 p.m.

Anderson Mill AFG, 7:30 p.m.

Courage to Change AFG, Austin, 6:45 p.m.

Belton Steps & Traditions AFG, in Belton, 8:00 p.m.

Freedom to Recover AFG in Round Rock, 8:00 p.m.

Wimberley AFG in Wimberley; eating starts at 7:00 p.m. & speaker meeting starts at 8:00 p.m.

Editor's Note: If I don't have your days & times correct, please let me know! Thank you!





Information Service Centers

Austin

Austin Al-Anon/Alateen Information, Inc.
A Texas Nonprofit Corporation
1307-G Treadwell
Austin, TX 78704
512/441-8591



AUSTIN AIS (June 17th thru July 18th, 24 days)

Your Center is *thriving* thanks to groups, walk-ins, out of town sales and donations. Many thanks!

Local group sales totaled \$5,367.38; Walk-in sales \$687.65 and out of town sales \$2,691.16; Donations total \$2,691.16.

We bought so far \$2,857.82 in literature with several orders that haven't come in yet. Our *total sales is \$8,746.19.

We averaged 6 calls per day and 2 ½ walk ins per day for this 24 day period.

The Center could use volunteers for Monday, Wednesday and Friday from 2-4 p.m.

Sincerely in our program,

Kitty G.

Office Employee

*The previous period, 4/22/08 – 6/13/08, 39 days, had a lit sales of \$5,711.74 with a lit purchase of \$3,024.74. Donations for this 30 day period were \$2,423.32.

WACO AIS

No change for now. More to report at October's District meeting.

With gratitude,

Cindy C

Waco AIS Chair



Service Arms Representatives

There are four service arms which groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

AL-ANON INFORMATION CENTER 1030-G S. LAMAR AUSTIN, TX 78704 (512) 441-8591	AIS WACO AREA PO BOX 8374 WACO, TX 76714 (254) 808-4757	DISTRICT 6 900 Broken Feather #113 Pflugerville, TX 78660 (512) 517-1072	EAST TEXAS AREA P.O. Box 7590 Beaumont, TX 77726-7590 (409) 834-2986	WORLD SERVICE OFFICE AFG, INC. 1600 CORPORATE LANDING PKWY VIRGINIA BEACH, VA 23454-5617 (1-800 -344-2666) www.al-anon.alateen.org
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District 6 Service Committee

Officers

DISTRICT REPRESENTATIVE **ALTERNATE D.R.** **SECRETARY** **TREASURER**

Coordinators

ALATEEN **NEWSLETTER** **FORUM/LITERATURE** **ARCHIVIST**

PUBLIC OUTREACH (South) **PUBLIC OUTREACH (North)**

Texas Website: www.texas-al-anon.org

TRADITION 7 – EVERY GROUP OUGHT TO BE FULLY SELF-SUPPORTING, DECLINING OUTSIDE CONTRIBUTIONS

The District 6 Al-Anon/Alateen Newsletter is published quarterly. No dues or fees are required to receive this newsletter, however; your individual contributions are gratefully appreciated. If you would like to be added to the mailing list or would like to financially support District 6, please send your check and the form to:

Newsletter: AFG DISTRICT 6, EAST TX

900 Broken Feather #113
Pflugerville, TX 78660

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Group: _____ E-mail: _____ Telephone: _____



SERVICE JOB DESCRIPTIONS FOR THE OCTOBER ELECTION!!!

DISTRICT REPRESENTATIVE:

The 2006-2009 Al-Anon Alateen Service Manual has the most comprehensive information about being a District Representative, with most information under District Representative (DR) in the index. Those who are eligible to stand for this position are described on page 134. The best description of duties is on page 144, but related information can be found under other headings, such as Area World Service Committee, Assembly, District meetings, and Elections. In addition, there are two relevant Guidelines: G-15, District Meetings, and G-37, District Representatives. Click on "Guidelines" under Group Services in the Members' part of the WSO Web site (<http://www.al-anon.alateen.org/members>).

You might think this would cover everything a DR needs to do, but not quite. I believe the basic function is to help pass information to the groups from the Area and the WSO, and to pass information from the groups to these other levels of service. There's a phrase on page 63 of the Service Manual that says the DR "...serves as a resource and a source of information for the groups." This is what is unpredictable, but a great source of learning about our program.

Two of the duties seem to have taken up the most time for me: the meetings and the reports. The District Representative attends at least eight meetings a year directly related to being a DR: four District Meetings and four Area World Service Committee meetings, two of which are at Area Assemblies.

District meetings require writing an agenda, preparing a verbal report to the district, and copying whatever handouts are needed for the Group Representatives and others attending those meetings.

Meetings of the AWSC also require some preparation, primarily preparing a verbal report on the district, though the Chairman of the AWSC sets the agenda. The Chairman may also ask members of that committee to serve on ad hoc committees, or work on other tasks. I was asked to serve on the committee that is reviewing the guidelines for hosting Area Assemblies. In addition, the DR is usually asked to give a verbal report to the Area during each Assembly.

Each of these eight meetings also requires a written report, four for the district newsletter and four for the area newsletter.

Other writing now includes preparing a "heads up," as I like to call it, of upcoming items for the Next District meeting. One helpful result of all this writing is that I am learning that expressing my thoughts and experience in this way helps me think.

Perhaps the biggest change since I was last DR, in 2001-2002, after I took over for Laura W., involves all the changes to protect Alateens. It was a new process for everyone, so all of us were learning how this was supposed to work. It required verification that prospective Alateen sponsors had attended at least one district meeting, at least one district Sponsor's meeting, and Alateen Sponsor training. This was time-consuming at first, until I was able to meet with those members I didn't know. Now I can at least recognize those I am certifying.

One part of my position was made much easier because John M., the Area Group Records Coordinator, is in our district. Otherwise, I would have been much more involved in keeping the Area, the WSO, and the Austin Information Center informed of group changes.

The last topic I want to mention is visiting the groups in the district. I didn't do very well at this, but I was welcomed by every group I did visit. If doing the rest of the work as DR took me an average of three to four hours per week, then visiting another group would probably add another two or three hours.

ALTERNATE DISTRICT REPRESENTATIVE:

The job description of the Alternate DR is found on page 134 of the service manual. The Alternate DR serves as DR when the DR is ill or resigns. The Alternate DR may also serve as Secretary, Treasurer, public outreach contact from the district to the Area, or as chairman of meetings on the service structure, Traditions, and Concepts. The Alternate DR may also be a GR of a group.

What I have been doing so that I will be prepared if Randy gets ill, is attending the Area World Service Committee meetings and the Assemblies. This attendance without vote allows me to be aware of what is happening at the Area level. If you are not a GR for your group, you will have to pay your own way to the Assembly and the district meetings. If you are a GR, the group will contribute towards your costs to attend the district and the Assembly meetings.



CONT. OF SERVICE JOB DESCRIPTIONS FOR THE OCTOBER ELECTION!!!

SECRETARY:

Attend quarterly district meetings. If the Secretary cannot attend, let the District Representative know. Try to find someone to take the minutes for that meeting.

During the district meeting take the minutes for the meeting. Always record motions made, who makes the motion, and who seconds the motion. Just a reminder: the officers and coordinators will submit their own report to the newsletter coordinator.

During the district meeting, give a report. Ask for any changes to the minutes printed in the previous newsletter. If no changes, ask for a motion to accept the minutes as submitted. Ask for a second.

After the district meeting, type up the minutes and email to the newsletter coordinator.

TREASURER:

The treasurer handles the collection and distribution of district funds approved by the district.

Make a quarterly written financial report to the district.

File for retention receipts of expenditures.

Prepare annual budget for approval by the district.

The current check register, treasurer's report and budget is kept using the software Microsoft Excel. It would be beneficial to have access to a computer with this software; however it isn't required.

ALATEEN COORDINATOR:

Primary goal?

COMMUNICATE! COMMUNICATE! COMMUNICATE!

Duties?

Keep District informed with reports to the newsletter;

Foster awareness that Alateen is part of Al-Anon and encourage Al-Anons to become involved as Al-Anon Members Involved in Alateen Service (AMIAS)!

Provide practical support to the District 6 Alateen AMIAS- sponsors and chaperones;

Attend Alateen Sponsor Training* –POSSE;

Facilitate Alateen Sponsor meetings at District Meetings;

Coordinate Alateen Sponsor Training* in the District;

Maintain roster of all certified sponsors and chaperones;

Visit as many Alateen groups* as possible;

Approve scholarship applications for Kristy Fund and

Support Alateen conference by encouraging Alateens to attend!

*reasonable expenses paid by district

Adapted from the Al-Anon Guidelines for **Area Alateen Coordinator G-24**





CONT. OF SERVICE JOB DESCRIPTIONS FOR THE OCTOBER ELECTION!!!

NEWSLETTER EDITOR:

Set a deadline for reports to be submitted by Officers, Coordinators, Group Representative's, and those reporting for the Area Information Service centers.

Correct grammar, punctuation and spelling, including the correct spelling of "Al-Anon" and "Alateen".

Use an organized and consistent format for the readers

Update the mailing list as needed.

Redact any personal information from the newsletter, i.e., names, addresses, phone numbers and email addresses before submitting the newsletter to the website coordinator for posting on the Al-Anon website.

List any and all future events that are Al-Anon related.

Guidelines for Newsletters Editors, G-21

FORUM/LITERATURE COORDINATOR:

The District Literature coordinator promotes the use of Conference Approved Literature by:

- Sharing news about Conference Approved Literature (CAL) from the World Service Organization and Area with the District.
- Sharing news of Electronic Conference Approved Literature (ECAL) with District members.
- Communicating about opportunities for sharing our experience, strength and hope through sharing in the Forum, ECAL, and other Alanon Literature.
- Bringing a complete supply of CAL from the Austin Information Center to the Quarterly District meeting, and arranging for sale of this literature to groups during the Quarterly meeting.
- Staying in contact with the Area Literature Coordinator in order to insure up and down communication about Literature.
- Attending all district meetings, if possible, and giving a report for the previous Quarter.

LENGTH OF TERM?

Three years. Elected by GR's attending the District Meeting. Can be nominated or may volunteer.

WHO?

Knowledgeable and experienced Al-Anon members with a willingness to work and a desire to carry the Al-Anon/Alateen message.

ARCHIVIST:

The Archivist is concerned with preserving and organizing historical Al-Anon and Alateen material, making it available to the membership and researchers. A space in your closet for the tubs of materials and a way to bring the material to the District meetings for display.



CONT. OF SERVICE JOB DESCRIPTIONS FOR THE OCTOBER ELECTION!!!

PUBLIC OUTREACH SOUTH:

Coordinate opportunities for informing the public about Al-Anon/Alateen. Recruit volunteers to man booths at Health Fairs, be speakers, place pamphlets, table displays, posters, meeting notices and times in various public locations, do mail-outs to professionals, place Al-Anon/Alateen conference approved literature in libraries and schools, contact AA Intergroups, attend AA functions, etc. Attend all district meetings, if possible, and give a report for the previous quarter, work with the Information Service Liaison and the Area Public Outreach Coordinator.

LENGTH OF TERM? Three years. Elected by GR's attending the District Meeting. Can be nominated or may volunteer.

WHO? Knowledgeable and experienced Al-Anon members with a willingness to work and a desire to carry the Al-Anon/Alateen message.

WHERE? In local communities using various means at your disposal.

WHY? To inform the public of who we are, what we do, and how to find us.

WHAT? Inform communities of the existence and availability of Al-Anon/Alateen as a resource for families of alcoholics.

HOW? Establish a list of contacts through the phone book, the Chamber of Commerce, Visitor Centers, hospitals, schools, treatment centers, family courts, communicate with Area Public Outreach Coordinator, attend Assembly workshops, communicate with the Al-Anon/Alateen Information Service, GR's, DR's, social agencies, community and civic organizations, and utilize the media and WSO publications.

WHERE? In our district.

To me, the biggest challenge is finding volunteers to help. The benefits are greater than the challenges, though. I am doing 12th Step work, helping others, and recovering through service to Al-Anon/Alateen for which I am very grateful.

****EDITOR'S NOTE: I kept the job descriptions in this issue because I thought there might be those who would want to refer back to what that position does and make a decision to run for it at the October District meeting. Thank you!**



Greater Austin Area Al-Anon and Alateen Meetings List

September 12, 2008 version – check AustinAlanon.org for most current schedule



Austin Al-Anon/Alateen Information Center

512-441-8591 inside Texas: 888-287-2115

Office hours: M-F 10am-2pm (please call ahead)

1307-G Treadwell St. Austin, TX 78704 (off S Lamar)

mailing address: 1030G South Lamar, Austin, TX 78704

Al-Anon/Alateen meeting information can be found at:

Central Texas Area AustinAlanon.org

Texas State-wide www.texas-al-anon.org

Worldwide 1-888-425-2666 or www.Al-Anon.Alateen.org

Al-Anon & Alateen literature may be purchased at most meetings or at the Austin Al-Anon/Alateen Information Center.

Groups on this schedule are listed at their request. An informal agreement between the Austin Info Center and the groups listed implies the group will abide by the Al-Anon Traditions and will keep their doors open to all Al-Anon members. A meeting listed on this schedule does not constitute approval of the group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another.

Austin Al-Anon Groups		Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
Far North West	Anderson Mill AFG, 9905 Anderson Mill Rd, Unity Church of the Hills (#31438)	-	-	7:30 DS/B	-	-	-	-	
	Esperanza AFG, 9518 Anderson Mill, suite 2G entrance on left side of bldg (#502900) Spanish	-	-	-	-	-	-	9:00am *E	
	Faith AFG, 9905 Anderson Mill Rd, Unity Church of the Hills (#50251)	-	-	-	-	8:00 N/B	-	-	
	Great Hills AFG, 9508 Great Hills, Triumphant Love Lutheran Church (for parents of alcoholics) (#501623)	-	-	-	-	7:30 P	-	-	
	New Focus AFG, 12124 Ranch Road 620 N, Hill Country Bible Church. (#30519687)	-	-	-	-	-	6:00 D	-	
	Steps to Freedom AFG, 9905 Anderson Mill Rd, Unity Church of the Hills (#63707)	-	-	-	-	-	-	-	9:00am *S
	Thursday AFG, 7104 McNeil Dr, Gateway Community Church (#30521966)	-	-	-	-	-	Noon D	-	-
Hudson Bend	Vive y Deja Vivir AFG, 14919 General Williamson Dr, off 620, (#30514023 and 30514026) Spanish	-	-	6:00 E	-	-	6:00 E	-	
Far North	Serenity and Solutions AFG, 2100 Kramer Lane, in The Braker 1 Bldg, Suite 200 (#66795)	-	-	-	7:30 L	-	-	-	
	Suburban Friends AFG, 601 West Braker Lane, St. Marks Methodist Church, back building (#63988)	-	-	-	-	-	Noon S	Noon D	
North West	Bridge to Shore AFG, 4214 N Capitol of Texas Highway, Riverbend Church, Quad 3A (#66642)	5:45 *D	5:45 *D	-	-	-	-	-	
	Hilltoppers AFG, 4310 Small Drive, St. Theresa Catholic Church, Building C (#30492) Group web site: www.hilltoppers-afg.org	-	12:15 N	Noon D 6:00 W 7:30 M/DS	Noon C	Noon ST	Noon D	10:30 D Noon D	
	Step Forward AFG, 8134 Mesa Drive, Steck at Mesa, St. Matthews Episcopal (#503399)	-	-	2:30 D	-	-	-	-	
Far North Central	Allandale Happy Hour AFG, 5906 Wynona, St. John's United Methodist Church Annex, Rm A (#37268)	-	5:30 D/S	-	-	-	-	-	
	Central Austin Parents AFG, 3501 Mills Ave, Shoal Creek Hospital, 1 st floor training room (#30510631)	-	-	6:00 PD	-	-	-	-	
	Joy In Recovery AFG, 610 East 45th Street, Hyde Park Christian Church (#30518114)	-	-	-	-	5:30 GL/D	-	-	
	Learning and Recovery AFG, 610 East 45th Street, Hyde Park Christian Church (#13014)	-	-	Noon STL	-	-	-	-	
	Live & Let Live, 7801 N. Lamar Suite. F31 (#52581)	-	8:00 GL/D	-	8:00 GL/D	-	-	-	
	Northland AFG, 2809 Northland Drive (#13021) <i>~ Northland is now a non-smoking facility ~</i>	8:00 *S/B	10am S 8:00 *N/B	10am S	10am D 8:00*DG/B	10am D	10am N	Noon *D	
Central	Independence AFG, 4425 Red River, Red River Church, park rear, enter rear door (#28863)	-	-	-	-	-	7:00 *DS	-	
	Just for Today AFG, 901 Trinity Street, First Baptist Church, Room 230, Closed holidays (#65134)	-	Noon D/N	Noon DS	Noon D	Noon C	Noon D	-	
East	Lifeline AFG, 13713 Fm969, Santa Barbara's Catholic, right bldg. Next Hornsby Elementary (#501276)	-	-	-	-	7:00 D	-	-	
	Serenidad AFG, 1907 Wheless Lane, Spanish speaking (#501804)	2:00 to 3:30 E	-	-	5:00 to 6:30 E	-	-	-	
	Woman's AFG, Carver Branch of Austin Pub Library Rm 3 at 1161 Angelina, Austin, TX (#30520676)	-	-	-	-	7:00 WD	-	-	
South	Courage to Change AFG, 2128 Barton Hills Drive, at Barton Skyway, St. Marks Episcopal Church (#43791)	-	6:45 DS	-	-	-	-	-	
	Westlake AFG, 2525 Wallingwood Drive, Timberline Office Condominiums, Bldg #7, Suite 703 (#24562)	9:30am *L 9:30amWL	-	-	-	Noon*D	-	Noon *D	
	Sunday literature meetings use "As We Understood" Sunday Parents Al-Anon Meetings - 5:30PM & 8PM	5:30 *P 8:00 *P 8:00 *R	8:00 *S	8:00 *R	8:00 *C	8:00*D	5:30 *W 8:00 *C	8:00 *D	

Austin Al-Anon Groups		Sun	Mon	Tues	Wed	Thurs	Fri	Sat
West	Bee Caves Road AFG, 5455 Bee Caves Rd, St. Neumann Catholic, Pastoral Center Rm. 200-202{#44296}	-	-	-	-	-	Noon *S	-
Far South	Living Gratitude AFG, 4800 Convict Hill Rd., St. Catherine Catholic, 2-story bldg, front door {#53583}	-	-	7:00 to 8:30 L	-	-	-	-
	Oak Hill Hope for Today AFG, Oak Hill Austin Pub. Library at 5125 Convict Hill Rd. {#30520186}	-	-	Noon DS	-	-	-	-
	One Step at a Time AFG, 5500 Manchaca Rd, Austin Public Library. {#13018}	-	-	-	-	Noon D	-	-
	Unity AFG, 617 Clifford Street, Living Faith AA Club, South of Ben White off South First Street {#44320}	5:30 S	-	-	7:00 D	-	-	-
	Serenity Seekers AFG, 4800 Convict Hill Rd., St. Catherine Catholic, 2-story bldg, front door {#63811}	-	-	-	-	-	6:00 N/S	-
Spiritual Awakenings AFG, 4800 Convict Hill Rd., St. Catherine Catholic, 2-story bldg, front door {#503739}	-	Noon D	-	-	-	-	-	
<i>Please contact Info Center to report changes. Definitions of abbreviations are on last page</i>		Sun	Mon	Tues	Wed	Thurs	Fri	Sat

Alcoholism is a family disease. Living with the effects of someone else's drinking is too devastating for most people to bear without help. In Al-Anon & Alateen we learn individuals are not responsible for another person's disease or recovery from it. You did not cause it, you cannot control it, and you cannot cure it.



Al-Anon Groups Outside of Austin & Alateen Meetings

September 12, 2008 version – check AustinAlanon.org for most current schedule



Al-Anon Groups Outside of Austin		Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Bastrop	Freedom Finders AFG, County Road 36, off of Hwy-95, Pioneer AA Club {#50148}	-	6:00 S	-	-	6:00 D	-	-
Burnet	12 x 12 AFG, at Epiphany Episcopal at corner of Wood & Lamon	-	-	-	-	-	-	10:30 am N / ST
	Listen and Learn AFG, at Epiphany Episcopal	-	-	-	-	8:00 D	-	-
Cedar Creek	Cedar Creek AFG, Methodist Church, 5630 FM 535	-	-	-	-	7:00 D	-	-
Cedar Park	Came To Believe AFG, 120-B Commercial Pwy, room on the left {# 30507146}	-	-	6:15 D	-	-	-	-
	Hope AFG, 120-B Commercial Pwy, room on left {#46469}	1:00 *DS	-	-	-	-	-	10:30am* DS
	Sunset Serenity AFG, 3600 W Whitestone Blvd, Christ Episcopal, (1431 3.5 miles west of US-183) {#63864 }	-	-	-	-	6:00 S	-	-
Dripping Springs	Dripping Springs AFG, Methodist, Hwy 12, 1 mile N of 290, trailer home behind church {#63542}	-	-	-	-	Noon D	-	-
Elgin	Just For Today, 216 W 3 rd , 1 st Methodist {#30503794}	-	-	6:45-8 D	-	-	-	-
Georgetown	Al-Anon @ the Park AFG, 303 E Morrow St, Springs of Life {#30503829}	-	Noon D	-	Noon D	-	-	-
	Georgetown AFG, 1019 College Ave. {#13235}	-	8:00 *D/N	Noon *D	6:00 EB Spanish	Noon * 8:00 *S	-	-
	New Point of View AFG, 6200 Williams Drive, Well Springs Methodist, Rm 207 {# 503013}	-	-	-	-	7:00 D	-	-
	West Georgetown AFG, 2300 Williams Drive, Crestview Baptist, Annex home to the east {#61813}	-	-	-	-	-	-	11am DB
Giddings	Giddings AFG, 578 East Industry {#46863}	-	-	8:00 *D	-	-	-	-
Kingsland	Kingsland AFG, Highway-1431, 1 st Baptist	-	-	8:00 D	-	-	-	-
Kyle	Valorate AFG, 207 Lockhart St. (30516340) Spanish speaking meetings	6:00 to 7:30 E	-	-	6:00 to 7:30 E	-	-	-
Lakeway	Lakeway AFG, 1718 Lohmans Crossing Rd, Emmaus Catholic Church building B1, back of church {#501102}	-	-	Noon D	-	-	-	-
	The Three C's Al-Anon, Lakeway Church, 2203 Lakeway Blvd, Room 1-B {#501991}	-	-	-	8:00 *D	-	-	-
Llano	Keep Coming Back AFG, 1200 Oatman, Grace Episcopal	-	-	-	-	-	-	Noon D
Lockhart	Town & Country, 117 N Church St, Emmanuel Episcopal {#24216}	-	7:00 D	-	-	-	-	-
Marble Falls	ODAT AFG, 1101 Bluebonnet Drive, 1 st Methodist	-	7:30 D	-	-	-	-	-
	Serenity AFG, 501 Twelfth Street, 1 st Baptist	-	-	-	-	Noon D	-	-



Al-Anon Groups Outside of Austin & Alateen Meetings

September 12, 2008 version – check AustinAlanon.org for most current schedule



1 Al-Anon Groups Outside of Austin		Sun	Mon	Tues	Wed	Thurs	Fri	Sat
New Braunfels	Just For Today AFG, 408 Gruene Rd., United Church of Practical Christianity {# 30507286}	-	-	-	7:30 D	-	-	-
Pflugerville	Path to Serenity AFG, 902 Old Austin Hutto Rd., Ste.400. Park across street {#65373}	-	-	7:30 N 8:00 *D	-	-	-	-
Round Rock	Freedom to Recover AFG, 4010 Sam Bass Rd., FM 3406 3 miles west of I-35, RR Presbyterian {#53440}	-	-	-	8:00 *DS	-	-	-
	New Attitudes AFG, 3379 Gattis School Rd ,Forest Creek Church, east bldg. {#30503831}	-	-	-	-	7:30 D	-	-
	New Beginnings AFG, 2111 N Mays, in Willow Walk Complex {#503277}	-	-	-	Noon D	-	-	-
	Round Rock AFG, 31 Dawson Road, CR 122, 1 mile north of US-79, AA Club (255-1379) {#13474}	-	8:00 *L	-	-	-	8:00 *DS	-
	Serenity Trails, 708 Bluff Dr, Grace Lutheran {#48186}	-	-	-	-	-	8:00 S	-
Willing To Believe AFG, 708 Bluff Dr, Grace Lutheran {#30520656}	-	8:00 L/D	-	-	-	-	-	-
San Marcos	San Marcos, 130 W Holland, 1st Lutheran {#25172}	6:30 N	-	8:00 D	-	-	-	11am D
	Welcome Home AFG, 510 N Guadalupe (at Woods Street), St. Mark's Episcopal, in library {#63539}	-	-	-	-	-	Noon D	-
Smithville	Smithville, 300 Burleson, 1 st Presbyterian {#501476}	-	8:00 D	-	-	-	-	6:00 D
Taylor	Taylor AFG, 1 st Methodist, Lake Drive {#26880}	-	-	-	-	8:00 D	-	-
Wimberley	Wimberley AFG, 956 Highway 2325, Presbyterian Church, across from the high school {#31273}	-	Noon D	7:30 L	-	7:30 D	-	-
	St. Stephan's AFG, St. Stephan's, 6000 FM 3237, in log cabin, {#99D6ST}	5:30 D	-	-	-	-	-	-

1 List for Killeen, Temple & Waco areas found at AustinAlanon.org/NCTxlist.htm; other Texas locations found at www.texas-al-anon.org/

	Alateen Groups	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Austin	Northland Alateen, 2809 Northland Drive {#27869}	-	-	-	-	8:00 *D	-	-
	Westlake Pre-Alateen, 2525 Wallingwood Dr, Timberline Office Park #7, Suite 703. ages 6-12 {#501966}	-	-	-	-	-	-	Noon *D
Bastrop	Ride to Sanity Alateen, Phelan Road AA Clubhouse, 267 Phelan Road, {#503748}	-	7:30 D	-	-	-	-	-
Georgetown	Georgetown Alateen, 1019 College Ave., ages 12-19 years {#501260}	-	8:00 *D/N	-	-	-	-	-

Abbreviations:	AFG = Al-Anon Family Group	G = Guest speaker	S = 12 Steps study
All meeting times are pm unless indicated by am	B = Baby sitting	GL= Gay/Lesbian friendly	ST = Steps/Traditions
	C = AFG Adult Children of Alcoholics	L = Literature	T = 12 Traditions discussion
	D = Discussion meeting	M = Men's meeting	W = Women's meeting
	DG = Discussion, guest once a month	N = Newcomers	{#} = AFG WSO registered group number
	DS = Discussion, Steps once a month	P = Al-Anon Parents	* = AA meeting at the same time, confirm AA meetings at: 512-444-0071 or austinaa.org
	E = Spanish (Español)	R = Relationships	

Al-Anon Podcasts are available free at <http://al-anonfamilygroups.org/Podcasts/FirstSteps/>

Alcoholism is a family disease. Living with the effects of someone else's drinking is too devastating for most people to bear without help. In Al-Anon & Alateen we learn individuals are not responsible for another person's disease or recovery from it. You did not cause it, you cannot control it, and you cannot cure it.

In Al-Anon and Alateen, members share their own experience, strength, and hope with each other. You will meet others who share your feelings and frustrations, if not your exact situation. We come together to learn a better way of life, to find happiness whether the alcoholic is still drinking or not.

Al-Anon & Alateen Meetings List for North Central Texas

Belton, Copperas Cove, Killeen, Limestone County, Gatesville, Hamilton, McGregor, Temple, Troy & Waco
last updated June 27, 2006

Waco beeper number: 254-808-4757.

Killeen answering service: 254-286-0545

Temple/Belton Information: 254-770-4685

Austin Al-Anon/Alateen Information Center: Phone: 888-287-2115 or 512-441-8591

1307-G Treadwell Street (off South Lamar), Austin, TX 78704.

This list on the Web at: AustinAlAnon.org/NCTxlist.htm

Al-Anon World Service Office, worldwide meeting information: 888-425-2666.

Texas Al-Anon web site, state-wide meeting information: www.texas-al-anon.org

Abbreviations:

AFG = Al-Anon Family Group

am = Morning meeting times

B = Baby sitting

D = Discussion meeting

DS = Discussion, steps once a month

S = 12 Steps study

ST = Steps, traditions once a month

* = AA meeting at the same time

{#} = WSO Registration Number

Groups listed at their request. Groups listed on this directory have an informal agreement with the Austin Information Center that the group will abide by the Al-Anon Traditions and welcome any Al-Anon member. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another.

Al-Anon & Alateen Groups		Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Gatesville	Gatesville Pioneers AFG, Sweet Home Baptist Church, 511 N. 14 th Street. {#13233}	-	-	8:00 D	-	-	-	-
Hamilton	Keep It Simple AFG, 200 S. Bell, First Baptist Church {#503464}	-	-	8:00 D	-	-	-	-
McGregor	McGregor AFG, 500 S Madison St, 1 st United Methodist Church {#65457}	-	-	7:30 D	-	7:30 D	-	-
Waco	Heart of Texas AFG, 1624 Wooded Acres, Church of the Holy Spirit {#13583}	-	8:00 * D	-	-	-	-	9:00am* ST
	New Beginnings AFG, 301 Londonderry, DePaul Center {#500905}	-	-	-	-	7:30 D	-	-
	Second Chance AFG, 301 Londonderry, DePaul Center {#53113}	7:30 * D	-	-	-	-	-	-
	TE-CAM AFG, 305 North 30th, at Waco Drive, St. Albans Episcopal (Non-smoking) {#63990}	-	-	6:00 D	-	-	-	-
	TNT AFG, 7129 Delhi Rd, in community bldg behind Crestview Church of Christ {#40605}	-	-	10:00am D	-	10:00am D	-	-
	Waco Alateen, 1624 Wooded Acres, Church of the Holy Spirit {#503746}	-	8:00 D	-	-	-	-	-
Groesbeck	Limestone County AFG, 121 S Ellis St, Farmers State Bank, Community Room (Groesbeck is in Limestone County) {#501395}	-	-	-	-	6:00 D	-	-
Copperas Cove	Sharing Our Hope AFG, 1001 Georgetown Rd., Holy Family Catholic Church {#65652}	-	8:00 * S	-	-	8:00 * D	-	-
Killeen	Killeen AFG, 2800 South Trimmier Road, St. Christopher Episcopal Church {#13326}	-	-	7:00 D	-	-	7:00 D	-
Belton	Steps and Traditions AFG, 22nd and Downing St. Luke's Episcopal Church {#30134}	8:00 D	-	-	-	-	-	-
Troy	Troy AFG, Garage Apt across from Troy Methodist Church, 303 Church Ave, {#53433}	-	-	-	-	8:00 D	-	-
Temple	Glass House AFG, Second and Barton, First Methodist Church, Room 113 {#43210}	-	12:15 D	-	-	-	-	-
	One Day at a Time AFG, St. Luke's Catholic Church, 2807 Oakdale, Ed. Bldg {#37078}	-	-	8:00 D	-	-	-	-
	Temple New Group AFG, Main & Down Streets, Christ Episcopal, Activity Center {#13552}	-	-	-	-	7:00 D	-	-
	Monday Night AFG, St. Francis Episcopal Church, 5001 Hickory, Room 2 {#61182}	-	7:00 D	-	-	-	-	-

This meeting schedule is maintained as a service of the Austin Al-Anon Information Center ~ please call the Info Center to report changes.
Check for updates to this schedule at <http://austinalanon.org>

